ABSTRACT OF THE DISCLOSURE

A linear sliding guide comprises a longitudinal guide rail with guide flanks that extend in a direction of sliding and a bearing block that lodges therein and has corresponding counterpart flanks. Compensation-for-play spring assemblies are provided between these two components; they are formed by a receptacle and a spring bushing that is inserted therein. The spring bushing acts on the corresponding guide flank of the longitudinal guide rail by way of a gap in the receptacle.